

# COMMUNITY AND LEADERSHIP OVERVIEW AND SCRUTINY COMMITTEE

18 OCTOBER 2022

## REPORT OF PORTFOLIO HOLDER FOR PARTNERSHIPS

### A.2 DENTISTRY PROVISION IN TENDRING

(Report prepared by Anastasia Simpson)

#### PURPOSE OF THE REPORT

The Committee have requested a report regarding dentistry provision in the District, in particular NHS dentistry and what is provided within the NHS remit.

#### INVITEES

The Committee will be advised if a speaker from the NHS is available on 18 October 2022.

#### BACKGROUND

The Committee have requested further information regarding dentistry in Tendring as they have some concerns about the perceived lack of NHS provision. In particular they would like some statistics regarding the number of dentists in Tendring and would like to discuss the importance of dentistry and its connection to other medical condition.

#### DETAILED INFORMATION

The Committee has raised the following questions and requested that the NHS provides feedback regarding the local situation regarding Dentistry.

1. The number of dentists in the area now compared with 5-10 years ago, reasons for growth/decline. Public versus private.
2. Legislative changes over the last 10 years that affected the service the NHS was obliged to provide, if any.
3. Costs for procedures both public and private, waiting times.
4. How many people are without a dentist in the district?
5. How does Tendring sit against the rest of the UK in relation to the above questions.
6. What steps are being taken to improve things?

Also :

The following are entitled to entirely free NHS dentistry treatment. So the country has said their dental needs are particularly important:

- under 18, or under 19 and in full-time education
- pregnant or have had a baby in the last 12 months

How is free dental services provided to these?

Details of current NHS dentistry charges are detailed in Appendix B and Appendix C provides information about the costs of NHS and private dentistry. Appendix C appears to indicate that the costs of private dentistry have a wide variance.

More generally, the absence of NHS dentistry will mean more wide spread tooth decay and gum disease which itself is a significant contributory factor in:

1. Respiratory infections such as pneumonia - The older you are, the more this risk increases, as well.
2. Diabetic complications - When your gums are inflamed or your teeth are in poor condition, it makes controlling your blood sugar even harder. Worse still, a rare complication of diabetes is periodontal disease, which can further cause your oral health to erode. Because people with diabetes have a harder time-fighting infection, problems with tooth decay can become dire very quickly, leading to even more issues.
3. Cardiovascular problems - Bacterial entering your bloodstream through an oral infection can make their way throughout the body, but most often end up in your heart, since all blood must flow through it. Once there, it clings to heart valves and hardens, making it harder for your heart to pump blood throughout the body. This can lead to heart disease. Endocarditis—an inflammation of the lining of the heart—can be caused by the same bacteria. Oral bacteria, which can stress your heart and make it work much harder than it needs to, leading to premature issues like stroke, heart attack and more.
4. Kidney disease - When bacteria from poor health teeth and gums get to your bloodstream and your kidneys they can attack and cause your kidneys to function ineffectively when it comes to filtering excess waste out of your body. This leads to build ups causing kidney failure and other renal conditions.
5. Rheumatoid Arthritis - Those with gum disease can be as much as 4x times more likely to also have Rheumatoid Arthritis. It's not a coincidence! Both gum disease and arthritis are inflammatory conditions. Gingivitis, in particular, is known for its severe inflammation, which can incite arthritis flare-ups.

So addressing the above from a system point of view is important and the Committee will want to know how the above are being mitigated against given the absence of NHS dentistry locally.

Appendix A includes a snapshot of Dentists available in Clacton as of 7 October 2022. This information shows that there are 9 dentists operating in the area offering NHS treatments. Currently, 7 of these are not stating whether they are taking new NHS patients, 1 is not taking new NHS patients and 1 is accepting NHS patients.

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2. Legislative changes over the last 10 years that affected the service the NHS was obliged to provide, if any.

3. Costs for procedures both public and private, waiting times.
4. How many people are without a dentist in the district?
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6. What steps are being taken to improve things?

At the ICB People Committee held on 10.08.22 the Committee were provided with a presentation by Dr Paul Driscoll-Evans, Pro-Vice Chancellor – Health & Wellbeing, University of Suffolk who discussed a proposal for a programme for Building dental capacity in Suffolk and addressing dentistry inequalities. This programme received support from the Board as as Tendring is part of the NEE and Suffolk Alliance the District should in time reap the benefit from this programme with increased dentistry capacity. Further details of the proposals are in Appendix D.

Dentistry, Ophthalmology and Pharmacy are moving from the 1<sup>st</sup> April 2023 from NHS England to the ICB.

Some of the projects that are part of the transfer are detailed below:

- 1) Set up of a Dental Development School, and associated work to deliver better access.
- 2) Ensuring Looked after children have a dedicated dentist to support them.
- 3) Increased General access within SNEE (Suffolk and North East Essex)
- 4) Decreased waiting times for Specialist Dentistry
- 5) Decreased waiting times for domiciliary dentistry
- 6) Undertaking a pilot to ensure homeless populations in SNEE have a dedicated dentist to support them.
- 7) Having a dedicated dentist for Rheumatology and Oncology Patients (currently piloted in Mid Essex).
- 8) Support for having an urgent care / follow up pilot undertaken in SNEE and making progress to increase access.

## RECOMMENDATION

**That the Committee determines whether it has any comments or recommendations it wishes to put forward the relevant Portfolio Holder or Cabinet.**

## Appendix A

### Dentists near CO15 1SE - Clacton Town Hall (Data taken from the NHS website 07.10.22)

#### 1. [The Cosmetic Dental Studio](#)

**Town View Dental & Implant Clinic, 25 Carnarvon Road, Clacton On Sea, Essex, CO15 6QF**

01255 423299

Is this dentist taking new NHS patients?

This dentist is:

- accepting children (under 18)
- accepting adults (18 and over)
- accepting adults entitled to free dental care

#### 2. [mydentist, Old Road, Clacton-on-Sea](#)

**129 Old Road, Clacton, Essex, CO15 3AW**

01255 422502

Is this dentist taking new NHS patients?

This dentist is not taking any new NHS patients at the moment

#### 3. [Clacton Dental Care](#)

**40-42 St Osyth Road, Clacton On Sea, Essex, CO15 3BW**

01255 221001

Is this dentist taking new NHS patients?

This dentist has not recently given an update on whether they're taking new NHS patients. Contact them for more information

#### 4. [Ford Road Dental Surgery](#)

**Unit 4a, Newman Industrial Estate, Ford Road, Clacton-on-Sea, Essex, CO15 3DS**

01255 474942

Is this dentist taking new NHS patients?

This dentist has not recently given an update on whether they're taking new NHS patients. Contact them for more information

#### 5. [Jaywick Dental Surgery](#)

**Green Elms Health Centre, 32 Crossways, Jaywick, Clacton on Sea, Essex, CO15 2NB**

01255 207620

Is this dentist taking new NHS patients?

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This dentist has not recently given an update on whether they're taking new NHS patients. Contact them for more information

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**6. [Mr. Mazdak Eyrumlu and Honar Shakir](#)**

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18-20, CONNAUGHT AVENUE, FRINTON-ON-SEA, CO13 9PW

Is this dentist taking new NHS patients?

This dentist has not recently given an update on whether they're taking new NHS patients. Contact them for more information

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**7. [The Old Library Dental Practice](#)**

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121-123 Connaught Avenue, Frinton-on-Sea, Essex, CO13 9PS

01255 674505

Is this dentist taking new NHS patients?

This dentist has not recently given an update on whether they're taking new NHS patients. Contact them for more information

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**8. [Elm Tree Dental Surgery](#)**

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Elm Tree Dental Surgery, 26, Elm Tree Avenue, Frinton on sea, Essex, CO13 0AR

01255 672309

Is this dentist taking new NHS patients?

This dentist has not recently given an update on whether they're taking new NHS patients. Contact them for more information

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**9. [Manor Parade Dental & Cosmetic Clinic](#)**

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Park Drive, Brightlingsea, Colchester, Essex, CO7 0UD

01206 305080

Is this dentist taking new NHS patients?

This dentist has not recently given an update on whether they're taking new NHS patients. Contact them for more information

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## APPENDIX B NHS dental charges

There are 3 NHS charge bands:

### Band 1: £23.80

Covers an examination, diagnosis and advice. If necessary, it also includes [X-rays](#), a scale and polish (if clinically needed), and planning for further treatment.

### Band 2: £65.20

Covers all treatment included in Band 1, plus additional treatment, such as fillings, [root canal treatment](#) and removing teeth (extractions).

### Band 3: £282.80

Covers all treatment included in Bands 1 and 2, plus more complex procedures, such as crowns, dentures and bridges.

Further details as follows:

### Band 1 course of treatment: £23.80

- clinical examination, case assessment and report
- [orthodontic](#) case assessment and report
- advice, dental charting, diagnosis and treatment planning
- radiographic examination and radiological report
- study casts
- colour photographs
- instruction in the prevention of dental and oral disease, including dietary advice and [dental hygiene instruction](#)
- surface application as primary preventive measures of sealants and topical [fluoride](#) preparations
- scaling, polishing and marginal correction of fillings
- taking material for pathological examination
- adjustments to, and easing of, [dentures](#) or orthodontic appliances
- treatment of sensitive cementum

## **Band 2 course of treatment: £65.20**

- non-surgical periodontal treatment ([gum disease treatment](#)), including root planing, deep scaling, irrigation of periodontal pockets and subgingival curettage and all necessary scaling and polishing
- surgical periodontal treatment, including gingivectomy, gingivoplasty or removal of an operculum, raising and replacement of a mucoperiosteal flap, curettage, root planing and bone resection
- free gingival grafts
- permanent fillings in amalgam, composite resin, synthetic resin, glass ionomer, compomers, silicate or silico-phosphate, including acid etch retention
- sealant restorations
- endodontic treatments ([root canal treatment](#)) of permanent or retained deciduous teeth, pulpotomy and apicoectomy
- extraction of teeth
- transplantation of teeth
- oral surgery including surgical removal of cyst, buried root, unerupted tooth, impacted tooth or exostosed tooth and alveolectomy
- soft tissue surgery in relation to the buccal cavity and lips
- frenectomy, frenuloplasty, frenotomy
- relining and rebasing dentures including soft linings
- addition of tooth, clasp, labial or buccal flange to dentures
- splints (other than laboratory-made splints) in relation to periodontally compromised teeth and in connection with external trauma
- bite-raising appliances (other than laboratory made appliances)

## **Band 3 course of treatment: £282.80**

- laboratory-made porcelain or composite veneers, including acid etch retention
- inlays, pinlays, onlays and palatal veneers, in alloys containing 60% or more fine gold, porcelain, composite resin and ceramics

### **Crowns including any pin or post aids to retention:**

- full or three-quarter crown cast in alloys containing not less than 33⅓% fine gold or platinum or palladium
- full or jacket crown cast in alloys containing stainless steel or cobalt chromium or nickel chromium
- crown in porcelain, synthetic resin and other non-metallic crowns
- full or jacket crowns in alloys containing not less than 33⅓% fine gold or platinum or palladium, or alloys containing stainless steel or cobalt chromium or nickel chromium, with thermally bonded porcelain
- jacket crown thermally bonded to wrought platinum coping
- prefabricated full or jacket crown, including any pin or post retention

## Bridges including any pin or post aids to retention:

- bridges in alloys containing 60% or more fine gold with or without thermally bonded facings
  - bridges cast in alloys containing stainless steel, cobalt chromium or nickel chromium, with or without thermally bonded facings
  - acid etch retained bridges
  - bridges in other materials
  - provision of full (completed) or partial dentures, overdentures and obturators in synthetic resin or metal or both synthetic resin and metal, including any cast or wrought metal components or aids to retention
  - orthodontic treatment and appliances
  - other custom-made applications excluding sports guards
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# 1 NHS dental costs vs private dentist fees: what's the difference?

We asked major private practice chains for details on their pricing for different procedures. Our dental treatment pricing table below will help you identify whether you're getting a decent deal on care or paying over the odds.

Below the table, you'll find more detail on what each kind of treatment entails, what's different if you go private and what to check before going ahead.

Treatment	NHS band	NHS price	Private price
New patient consultation or check-up	Band 1	£23.80	£20 to £120
Simple X-rays/radiograph*	Band 1	£23.80	£5 to £40
Hygiene clean/scale and polish	Band 1/Band 2 (deep scaling)	£23.80/£65.20	£25 to £85
Amalgam/metal filling	Band 2	£65.20	£30 to £175
Composite/white filling	Band 2	£65.20	£40 to £250
Root canal treatment	Band 2	£65.20	£45 to £970
Tooth extraction	Band 2	£65.20	£50 to £370
Crowns	Band 3	£282.80	£250 to £1,180
Dentures/bridges	Band 3	£282.80	£355 to £2,520

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